

RFSC & SKATE CANADA PARENT CODE OF CONDUCT

The Rossland Figure Skating Club (RFSC) and Skate Canada are committed to ensuring that all skaters have the opportunity to participate in a safe and welcoming environment that is encouraging and promotes their overall development. Parents have an enormous influence on skaters' experiences in the sport.

The quality of a skater's experience is determined by their relationship with their parents and the manner in which parents conduct themselves in the RFSC/Skate Canada environment.

In this code "parents" shall refer to "parents and guardians". This code applies to all parents who are members of the RFSC/Skate Canada or have children who are members of Skate Canada. Parents shall abide by this code at all times while participating in any RFSC or any other Skate Canada club or school, competition, or activity.

- All parents are expected to conduct themselves in a responsible manner consistent with the values of fair play, integrity, open communication and mutual respect.
- Parents shall always model positive and responsible behaviour and communicate with their son/daughter that they expect them to do the same. Parents will assume the major responsibility for their son/daughter's on ice conduct and attitude.
- Parents shall at all times treat all individuals and property with dignity, courtesy and respect, including but not limited to skaters, coaches, officials, volunteers, other parents, and all other individuals that are part of the RFSC club, skating school, Section or Skate Canada.
- Parents shall refrain from any behaviour, or comments, which are profane, insulting, harassing, sexist, racist, abusive, disrespectful or otherwise offensive without hostility or violence.
- Parents of skates, may watch quietly from the stands or seating area – not by the boards – and must refrain from conversing with or offering directions to skaters on the ice. (If a skater needs more direction, the coach should be consulted after the session, and a plan developed to help the skater become more independent.)
- Due to insurance requirements, only registered Skate Canada members are permitted on the ice, except in a medical emergency. Parents must notify the appropriate RFSCboard member and request that the skater be registered with Skate Canada before the skater goes on the ice.
- Parents shall emphasize the importance of values like sportsmanship, respect, cooperation, competition and teamwork to their son/daughter offering praise for competing fairly, participation and skill development.
- Parents shall model and encourage their son/daughter to maintain a healthy balance between skating and life. (i.e., school, other activities, social life, etc.)
- Parents shall model and encourage balanced, healthy food choices and subscribing to an active and healthy lifestyle.

- Parents shall set high, but reasonable expectations for their son/daughter’s participation in skating focusing on development and enjoyment for the child.
- Parents shall instill confidence in their son/daughter’s ability and skill development, always avoiding comparisons with other skaters.
- Parents shall celebrate the acquisition of skills and goals achieved by their son/daughter.
- Parents, along with the professional coach and the athlete, shall be considered members of a team whose main concern is the child’s overall progress and development. Parents shall respect that the professional coach is responsible and empowered for the on-ice and off-ice development of the athlete. A parent’s role shall be to take a healthy interest in their child’s progress and development and be responsible for the child’s nutrition, rest, adherence to off-ice training regimen set by the coach or other fitness professional, overall health, life balance, and moral and emotional support.
- Parents shall ensure their son/daughter wears proper skating clothing and equipment.
- Parents shall never provide alcohol or drugs to minors in a Skate Canada environment.
- Parents shall never provide or advocate the use of performance enhancing drugs or substances.
- Parents shall avoid any conduct, which brings the RFSC club, skating school, Section or Skate Canada, into disrepute, including but not limited to abusive use of alcohol, nonmedical use of drugs and gambling.
- Parents shall openly support and uphold this code of conduct policy and take action and steps to ensure other parents follow and uphold this code of conduct policy.
- Parents shall adhere to the policies, procedures, rules, standards, and ethics of the RFSC and Skate Canada at all times.

The signature below signifies that I have read and agree to the terms outlined above.

Date:

Athlete(s) Name:

Parent/Guardian Name:

Parent/Guardian Signature:

Adapted from: http://skatecanada.ns.ca/wp-content/uploads/2015/02/parents_code_of_conduct.pdf
(2018)